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MR DAVID MORGAN

Specialist Plastic Surgeon

PATIENT INFORMATION
PREPARATION FOR SURGERY

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PATIENT INFORMATION

Overview: Surgery Preparation

Documentation

Once you have booked the date for your procedure, we will provide you with all the paperwork you need to complete. This also includes the consent form which needs to be signed once you are sure you completely understand what the procedure involves.

We can provide you with the most likely item or code numbers for the procedure involved. These are what determine the cover you are entitled to for Medicare rebates and your health insurer. It is particularly important to check with your health insurer as some have exclusions as part of their policies which will mean that they do not cover some procedures.

Fasting

Before surgery, you need to go through a period of fasting, and we will discuss with you in detail your admission time and what time you will be required to fast from.

In general:

- If your surgery is in the morning, you cannot have anything to eat or drink from midnight the night before. This includes not having water or chewing gum.
- If your surgery is in the afternoon, you are permitted to have a light breakfast up until 7.00 am on the morning of your procedure.

Some medications need to be stopped prior to surgery and specific instructions need to be followed if you are diabetic or on blood thinning medications; all these factors will be discussed during your consultation. If you have any concerns, please discuss these with Dr Morgan and his staff.

What to bring with you for your surgery

Please bring the following items with you:

- Your Medicare card, insurance details, etc.
- A list of any allergies
- A list of any medications or your actual medications if staying overnight
- Contact details for a responsible adult/contact person
- Relevant X-rays, CT scans, ultrasounds, MRI
- Wear comfortable clothes
- If you are staying overnight, bring sleepwear, change of clothes, toiletries
- Something to read or entertain yourself with

Please leave valuables at home or in the care of someone you trust when they come in with you.

Women are advised not to wear make-up, nail polish or fake nails.

Even for relatively small procedures the total time in the hospital can be several hours. This involves the admission process, getting ready for surgery, being seen by Dr Morgan and your anaesthetist, and then your surgery and recovery time.

Please be aware that it is possible your appointed surgery time in theatre with Dr Morgan may be delayed if the duration of an earlier operation is longer than anticipated; however, we ask you to be patient as Dr Morgan will ensure that you also receive the highest level of care and attention during your own operation.

Recovery

Day Surgery

- Depending on the type of procedure and anaesthetic you have, you will be in recovery for about an hour.
- We will make sure that you are safe to go home. Dr Morgan will see you after the procedure as well.
- We recommend that an able-bodied responsible adult is available to accompany you home and preferably stay with you for 24 hours.
- It is important that you don't drive, drink alcohol, sign legal documents or operate heavy machinery for 24 hours after your procedure.
- An appointment will be made for you to see Dr Morgan at his rooms approximately one week later.
- You will receive an information pamphlet relevant to your procedure, outlining wound and dressing management, things to keep an eye out for (eg: bleeding, infection), and details of the healing and recovery process.

Inpatient Stay

- You will be transferred to the ward once safe to do so. This is generally 1-2 hours after your surgery is completed.

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